

## QUEENSLAND CENTRE FOR INTELLECTUAL AND DEVELOPMENTAL DISABILITY (QCIDD) CLINIC

School of Medicine at the University of Queensland

**QCIDD aims to improve the health and well being of adults with intellectual and developmental disabilities who live in Queensland, through clinical practice, education, and research.**

**QCIDD provides the following clinical services at no cost to Queensland adults with intellectual or developmental disability who are 17 years and older:**

- **Comprehensive health assessments**
- **A psychiatric assessment service**
- **Telephone/email consultation services, including behavior support consultancy**

The **comprehensive health assessment** entails a thorough examination of all aspects of a person's health care: both physical and mental health. It usually involves three one hour appointments and further follow-up and review appointments as required. The doctors who provide these health assessments are general practitioners who have a special interest and experience in the health care of people with intellectual disability. QCIDD's clinical service is not intended to replace your general practitioner. Instead our service provides a comprehensive health assessment, with referral back to your GP and others (medical specialists, allied health professionals etc).

The **psychiatric assessment service** focuses on mental health and behavioural issues. It includes a review of previous diagnoses and treatments. Assessment usually involves two or three 45 minute interviews, after which a detailed report is produced. Unfortunately we are not able to provide longer-term follow up. The consultant psychiatrist and psychiatric registrar undertaking the psychiatric assessments have a specialist interest in the mental health of people with intellectual disability.

QCIDD provides a **telephone/email consultation service** through QCIDD's clinical co-ordinator. Information and confidential advice is provided to family members, General Practitioners, and disability and health professionals. QCIDD's Clinical Co-ordinator, Lisa Bridle, can be contacted on 3163 2524 or by email: [l.bridle@uq.edu.au](mailto:l.bridle@uq.edu.au)

QCIDD also has a **part time behavioural support consultant**. This role is to provide a consultation service on positive behavioural support to adults with intellectual disability for families and staff. Staff could include either direct care staff or disability or health professionals. Contact Dr Madonna Tucker, phone 3163 1983 or by email: [madonna.tucker@uq.edu.au](mailto:madonna.tucker@uq.edu.au)

**Please see over for our contact details and information about how to refer to QCIDD.**

### **QCIDD can provide:**

- Health assessment and review
- Advice regarding your health care
- Limited follow up as an outpatient
- Support for primary health services such as your regular GP, and other health practitioners
- Referral and advice to assist you to link with other services and health professionals
- Advocacy in the healthcare system or advice about how to get the best from the health system
- Liaison with key support services.

### **QCIDD cannot provide:**

- 24 hour cover or general practice care
- Emergency response or crisis intervention
- In-patient assessment (our doctors do not have admitting rights to hospital)
- Intensive follow-up
- IQ assessments
- Full functional or behavioural assessments by psychologist
- Ongoing psychiatric care

**To make an appointment at the QCIDD clinic, send a referral** from the person's **General Practitioner** to the QCIDD clinic by fax or mail.

**Please note:** referrals to QCIDD's consultant psychiatrist must state that the referral is to **Dr Cathy Franklin** for an "assessment and management plan".

**The clinic will send out appointment details. To enquire about an appointment please call:**

**(07) 3163 6102**

**Fax: (07) 3163 6122**

#### **QCIDD Clinic Address/Location:**

**QCIDD Clinic, Co-located at *Kids in Mind Private Clinic*  
Level 5, Mater Private Hospital Annerley Road Campus  
41 Annerley Road, South Brisbane 4101**

#### **Our current QCIDD doctors are:**

- **Dr Nicholas Lennox**
- **Dr Gillian Eastgate**
- **Dr Robert Craig**
- **Dr Cathy Franklin (Psychiatrist)**
- **Psychiatric Registrar**

**For other information/advice, contact the QCIDD's Clinical Co-ordinator on (07) 3163 2425**